

POETRY AND ITS INFLUENCE IN ESTABLISHING PROACTIVE BEHAVIOR OF CHILDREN IN SOCIAL MEDIA

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Abstract

Indonesia is one of the countries with the most internet users in the world, and children aged 5 years are included in it. The internet and social media can have both good and bad benefits. Proactive behavior is needed, namely behavior that is responsible for his own behavior that he is aware of in control, so that decisions are made right without being influenced by the environment when interacting on social media. This study aims to describe the effect of getting children used to interacting with poetry (listening, reading, and writing) poetry on children's proactive behavior on social media. Researchers use descriptive qualitative methods to describe existing phenomena both natural and human engineering. The results showed that poetry has characteristics that are able to train proactive behavior in children. Poetry is a symbolic language, contains connotations, and awakens imagination and intuition. Poetry can help train children to better understand the feelings and perspectives of others.

Keywords: children's emotional intelligence, proactive, poetry, reactive

Abstrak

Indonesia merupakan salah satu negara dengan pengguna internet terbanyak di dunia, dan anak usia 5 tahun termasuk di dalamnya. Internet dan media sosial dapat memiliki manfaat baik dan buruk. Diperlukan perilaku proaktif yaitu perilaku yang bertanggung jawab atas perilakunya sendiri yang disadarinya terkendali, sehingga keputusan yang diambil tepat tanpa dipengaruhi oleh lingkungan saat berinteraksi di media sosial. Penelitian ini bertujuan untuk mendeskripsikan pengaruh membiasakan anak berinteraksi dengan puisi (menyimak, membaca, dan menulis) puisi terhadap perilaku proaktif anak di media sosial. Peneliti menggunakan metode kualitatif deskriptif untuk menggambarkan fenomena yang ada baik alam maupun rekayasa manusia. Hasil penelitian menunjukkan bahwa puisi memiliki karakteristik yang mampu melatih perilaku proaktif pada anak. Puisi adalah bahasa simbolik, mengandung konotasi, dan membangkitkan imajinasi dan intuisi. Puisi dapat membantu melatih anak untuk lebih memahami perasaan dan sudut pandang orang lain.

Kata kunci: kecerdasan emosi anak, proaktif, puisi, reaktif

INTRODUCTION

The digital revolution or what is commonly called Era 4.0 is currently growing rapidly making everything more practical. All aspects of human life are touched by this. One of them is the aspect of communication and interaction. The world no longer has boundaries, as if there have never been any more secrets to keep safely. We can show and see other people's activities without even knowing each other (Mulawarman & Nurfitri, 2017).

This requires us to be able to adapt to the acceleration of the digitalization era, because technological advances according to Tjandrawina (2016) have created a sophisticated form of novelty by combining fundamental physical, digital and biological aspects that can change patterns of human behavior in carrying out their lives. Era 4.0 changes human behavior in a different scope and scale from the previous era that has been experienced. Furthermore, humans will be trapped in uncertain things, so humans must be able to predict the future which will definitely and quickly change (Puspitasari, 2018). Adaptation is something that is clearly needed at this time. Moreover, these changes tend to be forced, due to the wave of the Covid-19 pandemic.

The Covid-19 pandemic has limited direct interaction, forcing Indonesians to switch to digital media, in this case social media, to maintain interaction. *Hootsuite* and *We Are Social*'s research cited from coil.com shows that as of January 2021 there are 202.6 million social media users in Indonesia. An increase of 16% or around 27 million compared to the previous year when Indonesia had just entered Covid-19. Furthermore, according to the same data, around 274.9 million Indonesians are familiar with the internet. The research also shows that the average internet user in Indonesia spends 8 hours 52 minutes per day or a third of their day to use the internet. Based on gender, the number of male and female users is not much different, namely 50.3% are male and the remaining 49.7% are female users. Another fact shows that Indonesia is one of the 10 countries with people who are already addicted to the internet. The average Indonesian uses social media for 3 hours 14 minutes, with the percentage of Whatsapp application users being 30.8 hours per month, Facebook 17 hours per month, Instagram 17 hours per month, Tiktok 13.8 hours per month, and Twitter 9.1 hours per month. While the video streaming application Youtube ranks first with 25.9 hours per month. In addition, Indonesia also ranks 9th out of 47 countries with around 170 million active social media users (Hootsuite and We are social, 2021).

In direct proportion to user ratings, its behavior is notoriously bad. This statement is based on the analysis results of various agencies both domestic and foreign who are interested in the behavior patterns of Indonesian netizens, one of which is Microsoft. This American computer equipment development company has conducted a survey to examine the politeness level of internet users in 2020. This survey involved 16,000 respondents worldwide, with assessment indicators based on responses related to

viral news, local elections or presidential elections, as well as seizing news. a lot of attention..The results show that Indonesia is ranked 29th out of 32 countries studied as the most impolite country in cyberspace. Even being the most disrespectful country in ASEAN. This survey shows that internet users or hereinafter referred to as Indonesian netizens are very scary and even terrible. They are considered scary because Indonesian netizens are considered very reactive, easily provoked, and with the totality of expressing emotions without thinking about the consequences that might occur in responding to news on social media. The social media behavior of Indonesian netizens tends not to think rationally, they easily express emotions rather than hold back. Prioritizing situational action without thinking long-term about the impact of this behavior (Prasetya, Retnasary, and Azhar, 2022). In fact, this was even more evident when Microsoft's Instagram account was attacked with blasphemy, insults, and inappropriate things, some even leading to racism because the results of the Microsoft survey above were considered to have cornered Indonesia in the eyes of the world. To the extent that Microsoft closed the comments column.

The poor ability to filter information has resulted in Indonesian people not being able to properly respond to various phenomena on social media. so that the meaning of the information cannot be understood properly. Furthermore, Prasetya, Retnasary, and Azhar, (2022) stated that the negative impacts caused were behavior that demeans others, is mentally weak, shameless, undisciplined, irresponsible, and tends to follow the wrong stream.

The survey results of the Indonesian Internet Service Providers Association (APJII) stated that in 2021-2022 Indonesian netizens will be filled with teenagers. By age grouping as follows: 99.16% are filled by the 13-18 year age group, 98.16% are users in the 19-24 year age group, 87.3% are 35-54 year old, then 62.43% are 5-12%, the latest internet users with an age range of 55 years and over at 51.7% (dataindonesia.id).

Based on the survey results above, in fact children aged 5 years are already active users on the internet, they must be provided with character building education whose ultimate goal is to ensure that they have good behavior in social and community life both in the real world and in cyberspace. The habit of interacting with poetry is one of them.

Literary works, in this case poetry, apart from being recreational, are also guides capable of bringing human values to humanity. Work has a role for society. Wibowo (2013) states that the mission of literature includes: (1) literary works as a tool to move the reader's mind to reality and help him make a decision when he faces a problem; (2) literary works make themselves a place where human values get their proper place and are disseminated, especially in modern life and function as a counterweight to science and technology; (3) literary works as the successor of a nation's tradition to its contemporaries. These three literary missions are very important because the expression of the soul, nuances of life, beauty, and all of them are created in literature (Sugiarti, 2019).

There are several studies related to the role of literature on children's personality, including research conducted by Nurgiyantoro (2020) whose research results show that literature has a role in efforts to shape and develop children's personalities. Another similar study was conducted by Rosid (2021) with the results of the study namely the activity of reading story books or storytelling has many benefits, because in stories smart children contain values including the value of enthusiasm, maintaining cleanliness, preserving the environment, loving parents, and mutual cooperation. These values are very useful for shaping children's character and can also be used as learning material for children in everyday life. In contrast to the two studies above, this research focuses on the influence of poetry on the formation of proactive attitudes in children, especially in interactions on social media.

METHODS

The method used in this research is descriptive qualitative. According to Sukmadinata (2011) qualitative descriptive research is aimed at describing and describing existing phenomena, both natural and human-made, which pay more attention to characteristics, quality, and interrelationships between activities. This type of research describes and describes the situation that is happening.

The data collection technique in this research is literature study. Literature study is carried out by collecting library sources, both primary and secondary. Next , data processing and/or citing references are carried out to be displayed as research findings,

abstracted to obtain complete information, and interpreted to produce knowledge for drawing conclusions (Darmalaksana , 2020) .

RESULTS AND DISCUSSION

1. Proactive and reactive behavior on social media

Proactive people are like water in a bottle, treated like anything if the bottle cap is opened, no reaction will occur (Covey, 2002). Proactivity is behavior that is responsible for one's own behavior and can make choices based on existing values (Covey, 2001). The response or behavior of a proactive person is the result of various choices, not the result of what is felt by humans (Covey, 2002). Values become the basis for making decisions or choices for proactive people, because they realize that they can only control the response they give, not the result of the response. People who behave proactively always think before responding (Covey, 2001). Proactive behavior never runs out of ways to think about and choose a good response, so that the right choices and decisions are made. Proactive behavior does not immediately respond to any existing stimulus. They always provide a pause or time to choose a response. Proactive people really uphold and fight for the values of life. Therefore a proactive person is a person who is responsible and strong. Based on the various theories presented, it can be concluded that proactive behavior is behavior that is fully aware without being influenced by the environment and is responsible for the responses, choices and decisions taken. He understands the consequences that will be received, so that the responses, choices, and decisions made are right. The level of a person's emotional intelligence can also be seen from the response he gives, so that people with proactive behavior have a high level of emotional intelligence as well.

There are four considerations that are always used by people with proactive behavior in choosing their response (Nugraha, 2013), namely:

- a. Self-awareness “I can separate myself from myself and observe my thoughts and actions” (Covey, 2001). Every human being is aware of the state of himself and his environment. He also realizes that humans are given the ability to think and be responsible for everything they do.
- b. Imagination “I can imagine new possibilities” (Covey, 2001). Imagination means the intellect to imagine (in daydreams) or create images (paintings, essays, etc.) of

events based on reality or one's experience (KBBI online). Imagination makes a person able to imagine the possibilities, risks, or feedback on the choices he makes. So that he can eliminate the options that contain the most dangerous risks and choose the options that have the least risk.

- c. Conscience or conscience "I can listen to my inner voice to distinguish between right and wrong" (Covey, 2001). All individuals or humans are equipped with a conscience by God. But depending on each individual whether used or not. Conscience is a spark of God's substance, so that it always knows the truth and leads to God (Effendy, 2002). People who always let their conscience guide them will be able to distinguish good from bad.
- d. Will "I have the power to choose" (Covey, 2001). Will means will and desire to act. Quoted from *Fauzinesia.com*, will is an impulse that is directed towards certain life goals, and is controlled by considerations of reason, in that will there is wisdom and insight, besides that there is also control and approval from the center of personality. Every gets stimulus, the individual has the will and ability to respond. But the intrinsic will that will bring out the best response to the stimulus.

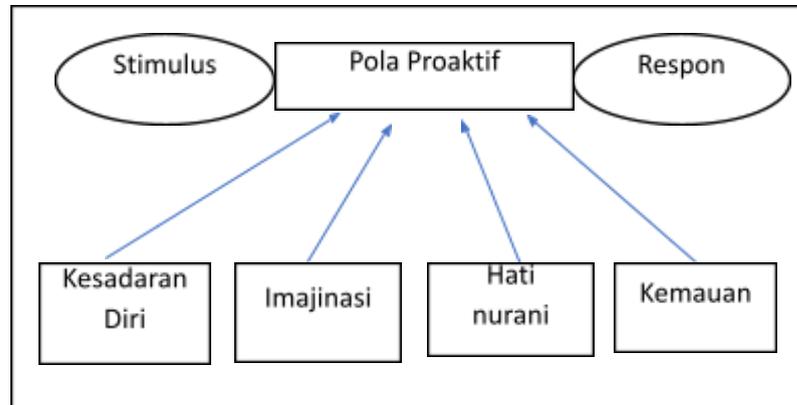


Figure 2.1 Patterns of proactive behavior

The cons of proactive behavior are reactive behavior, (Covey in Nugraha, 2013) suggests that reactive individuals have the following characters:

- 1) Get offended quickly
- 2) More often blame others
- 3) get angry easily, then say things they regret later
- 4) More often blame others
- 5) Not wanting to act, just waiting to happen to them

6) Only willing to change when necessary

Based on the characteristics above, people who behave reactively often feel victimized and easily provoked by their emotions, they do not take time to reflect on the things that stimulate them, react or respond immediately without thinking about what will happen next. They are not responsible for their choices and there is no will to change things for the better.

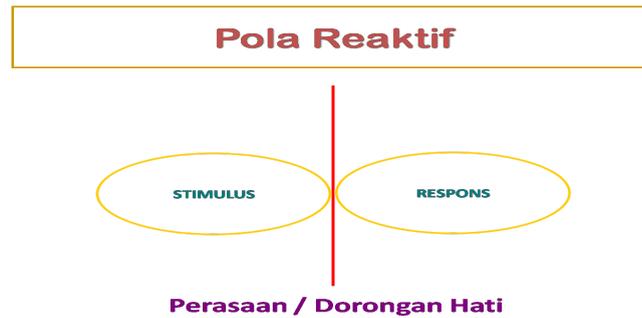


Figure 2.2 Patterns of reactive behavior

Many cases have shocked the virtual world and even abroad because they involved foreigners due to the reactive behavior of Indonesian netizens. For example, the case that occurred in 2021, namely the case of an attack on the Instagram account of comedian Stephen Fry from England. The incident of this wrong attack originated from allegations of injustice perpetrated by the All England badminton *service judge* who officiated the men's doubles badminton match between Muhammad Ahsan/Hendra Setiawan against England's Ben Lane/Sean Vandy. Then the Badminton Indonesia *fan-page account* gave incorrect information that Stephen Fry was the *Service Judge* in that match. Even though the actual *service judge* who guided the match was Alan Crow. After realizing the mistake, Indonesian netizens deleted the insulting comment and replaced it with an apology for being on the wrong target.

Then there is the case of a TikTok celeb from the Philippines named Reemar Martin who was attacked for being too pretty. This case, which occurred in 2020, shocked the public because Indonesian female netizens attacked the social media account of the girl who was 21 years old at the time because they did not accept that their boyfriends idolized her. His condition heated up when Reemar Martin's fans thought that the Indonesian female netizen who bullied him was a fan of the South Korean boy band BTS, or commonly called ARMY. So they replied by carrying out a *report action* on the BTS Instagram account. Not accepting that their idol account was

reported , the ARMY became heated in this feud. Not wanting the problem to get bigger, Reemar Martin reluctantly finally clarified and asked his fans to stop attacking BTS. In fact, he also stated that he would say goodbye and would no longer use all of his social media.

Then the case of insulting a Thai gay bride which led to reporting against Indonesian netizens and a ban on coming to Thailand because there were comments from netizens in the form of death threats. Don't forget the cases of Youtubers Fiki Naki and Dayana, then the Dewa Fan case, as well as other cases that are no less phenomenal.

2. Poetry and its benefits for children

In this study, the children in question are children aged 0-12 years. Because in fact the survey results show that internet users start from the age of 5 years. In the stage of child development, the 0-5 year phase is the *golden age* . the period when children begin to be sensitive to receiving various stimuli. At this time all aspects of intelligence development, namely intellectual, emotional, and spiritual intelligence experienced extraordinary developments that would influence and determine further developments (Hidayati, 2019).

So far, intellectual intelligence (IQ) has always been a major concern, but in the end it was refuted by findings about emotional intelligence (EQ). Intellectual intelligence only contributes no more than 20% to a person's success, the remaining 80% is determined by other factors including emotional intelligence (Sukidi, 2000).

According to Goleman (2015) emotional intelligence is the ability to motivate oneself and endure frustration; controlling impulses and not exaggerating pleasures; regulate the mood and keep the burden of stress does not paralyze the ability to think; empathize and pray. Meanwhile, according to Tjun et al., (2009) emotional intelligence is the ability to feel, understand and effectively apply social power as a humane source of energy, information, connection and influence . Meanwhile, according to S alovey and Mayer emotional intelligence is a subset of social intelligence which involves the ability to monitor feelings and emotions, both in oneself and in others by choosing the right information to guide thoughts (Setyowati, 2013). Emotional intelligence is one of the basic strengths bestowed by God to respond appropriately.

Asmaya (2010) states that indicators of children's emotional intelligence for themselves include : first, self-awareness, including paying continuous attention to what is happening within oneself, recognizing one's own strengths and weaknesses, recognizing one's own emotions and their influences, seeing reality realistically and optimistically; Second, self-respect, includes: feeling safe, both physically and emotionally, feeling a clear purpose in life, feeling considered as part of others, feeling that you have abilities and opportunities, feeling yourself, feeling the importance of self-worth, feeling special and superior ; Third, responding to emotions, including understanding what is behind feelings, giving the right value and function for feelings of self, feeling able to control one's soul, being able to achieve prosperity, being able to minimize feelings of anxiety that sometimes occur in the soul, being able to adapt when anxious and facing difficulties , able to control emotions, able to face failure, able to fight carelessness, able to delay time to receive wages; Fourth, soaring potential, including being optimistic, consistent, working hard, having aspirations, controlling anxiety in a good way, able to follow certain goals, able to concentrate and attention, flexible, able to smile, enthusiastic, happy in a directed and calm manner, able to follow certain business.

While indicators of emotional intelligence for other people, first, empathy for others, includes: likes to help others, not selfish, reading other people's messages, whether expressed directly with words or not, recognizing the feelings and emotions of others, knowing the needs of others, able to make the right relationship with others, able to understand the perspectives and attitudes of others. Second, interaction with other people, including: being able to hear others effectively, knowing the right time when to show leadership behavior and when to go with the flow, being able to ask appropriate questions, being able to laugh and show joy, being able to solve certain problems, being able to initiate greeting and respect, able to bear the burden and suffering of others, able to be firm and tough without showing anger and negativity, able to work in groups or teams, able to analyze oneself and others, able to convince and influence others, able to make offers, able to read attitudes and social conditions (Asmaya, 2010).

It is very important to train children's emotional intelligence, because children who have good emotional intelligence will find it easier to socialize, have proactive behavior, be able to solve problems, and eventually grow to be good individuals.

Conversely, children who have low emotional intelligence will tend to have difficulty controlling their emotions, have reactive behavior, have difficulty making friends, and lose sympathy and empathy for others. One way that can be attempted to train children's emotional intelligence is through interaction with poetry.

According to Siswantoro (2010) poetry is the densest and most concentrated form of literature. The density of the composition is marked by the use of few words, but reveals more things. Herman Waluyo revealed that poetry is the earliest written literary work written by humans. In addition, poetry is a type of literary work which emphasizes the beauty of language and the density of meaning in its presentation. poetry can express thoughts that evoke feelings, stimulate the imagination of the five senses in a rhythmic arrangement (Pradopo, 2019). Poetry is a literary genre that pays great attention to the selection of linguistic aspects, so it would not be wrong to say that the language of poetry is a filtered language (Nurgiyantoro, 2016).

From some of the opinions above it can be concluded that poetry is a literary work written to express ideas, thoughts, feelings and feelings of poets by relying on the beauty of beautiful and meaningful words. Poetry has an aspect of beauty that is able to make the reader imagine and have the desire to capture the poet's intention implied in the choice of words.

Compared to other types of literary works, prose and drama, poetry is more:

1. Intuition is a power or ability to see a truth or reality without direct experience or assisted by a logical process. A poem can be likened to a statement, which arises from a poet's ability to see something enthusiastically with the right style. Intuition is a sharpness of the heart or a whisper of the heart in capturing meaningful natural cues. Reading poetry can train intuition to catch hidden cues from a discourse.
2. Imagination , can be said as a result of creative thinking. Imagination in poetry is an effort to strengthen the impression of a soul experience that the poet wants to convey. Besides that, it also plays a role in connecting one part to another, so that it seems to form a network which eventually forms a unified poem.
3. Synthesis , means a unit, a combination or bond which is the opposite of analysis which means decomposition, which looks at the elements that make up the whole. A characteristic of the synthesis of poetry is a statement that is unique, indirect, but can contain broad meanings. Train children towards the awareness that this life is a

network that is connected to each other in one unit. Life is not only about him, but also about other people around him.

Many benefits can be obtained if children are accustomed to interacting with poetry (listening, reading, writing) poetry. These benefits include:

1. Listen to poetry

Listening to poetry is included in appreciative listening activities. Appreciative listening is the skill of enjoying and feeling what is heard. Listeners will dissolve in their listening. Appreciative listening activities can stimulate a child's imagination, because it will seem as if the child is also experiencing, feeling, carrying out the behavior in the poem being listened to (Anggraini and Priyatno, 2019).

2. Read poetry

Poetry reading activities will influence and sharpen children's reasoning and sensitivity to a social problem that occurs around them, not just appreciate and understand the content being read (Supriyadi, 2006).

Children will find literary words beautiful and full of meaning so they will explore various aspects of language, teaching them to use words with powerful effect. Poetry reading activities open children's minds to imaginary or imaginary worlds and reduce prejudice. Children will understand different views, and of course this is healthy for the child's brain in the long run.

Reading poetry can also develop their analytical and abstract thinking. Poetry that is full of meaning makes children have to reflect to reveal its meaning but in their own way. They will recognize the author's symbolism, biases, and tendencies after reading the entire poem.

Especially if the poetry reading activity is continued by dissecting the meaning of every word that may contain connotations. This will open the child's understanding that every word does not only have a single meaning. So that when a child reads a word or sentence, the child has many references and considers the meaning that the author might have intended.

3. Writing poetry

One of the benefits of learning poetry is to help children enrich their vocabulary. Practicing writing poetry means practicing using the right diction. If they

have been trained in using the right diction in writing poetry, the child will get used to speaking politely because the choice of words is right. Writing poetry can also provide peace. Through writing poetry, children will practice expressing various emotions, conveying thoughts, ideas, ideas, feelings well and being able to be understood by others with full appreciation. This is of course very beneficial for psychological health. In psychology this is called catharsis. Catharsis itself means releasing negative emotions in a positive way. And writing poetry of course can be the right place to release negative emotions.

Reactive people usually do not understand or have no way to release negative energy within themselves. So that when playing social media, he is still controlled by negative emotions, he often even uses social media as his catharsis. As a result there is no peace in his soul and his rationality is closed and he quickly responds to every stimulus that comes to him without being able to imagine the consequences that will occur.

Through the activity of writing poetry, expressing themselves through poetry, children are actually being trained to recognize themselves. Children will understand how they see the world, understand their thoughts and feelings about what is happening around them. In addition, writing poetry will also increase children's self-confidence. He will feel proud when he has succeeded in making the work of his hard work. Children will respect themselves so that their confidence will increase. Confident people usually will not be easily influenced by other people, provoked by incoming stimuli.

Kasmilawati (2020) argues that poetry contributes to many things, supporting the growth of various experiences (taste, emotion, language), personal (cognitive, social, ethical, spiritual), exploration and discovery, as well as adventure in enjoyment. . Poetry can develop children's insight to have human behavior, humane behavior humanizes humans. Poetry makes children understand the world. Children can imagine and feel the beauty and awareness about the lives of other people, even other nations. Poetry develops children's imaginations to think about nature, people, experiences, or ideas in various ways (Devianty , 2017).

Poetry is beneficial for the emotional development of children. Even for babies and children who can't speak yet. Can be exemplified through song poetry which can

stimulate emotions to be happy or cry. For example, children's song lyrics can evoke emotions and stimulate them to be happy or even cry. This can stimulate children's joy, stimulate children's emotions to be happy . For example, in a children's song entitled "One-One I Love Mother " teaches about mutual love between families . Through the song there is an emotional bond between mother and child especially if this is done continuously and in the long term.

CONCLUSION

Based on various surveys and research, Indonesia is one of the countries with the most internet users in the world, and children aged 5 years are included in it. The internet and social media can provide both good and bad benefits. Depends on how one uses it. We are required to behave in accordance with good norms and ethics. However, in reality, Indonesian netizens are also famous and have even been named by a survey as terrible netizens because they are considered reactive in responding to news, and they easily and do not hesitate to express their emotions on social media so that they often violate norms and ethics without thinking about the consequences that will occur. Indonesian netizens' social media behavior patterns tend to be unable to think rationally, they easily express emotions rather than hold back.

Emotional intelligence is needed, namely the ability to feel, understand and effectively apply social sensitivity as a humane source of energy , information , connection and influence . One way to train emotional intelligence is through the habit of interacting with poetry. Poetry is very important to be presented to support the social and emotional development of every child. The positive impact will be greater if poetry is introduced to children from the age of 0 to 5 years . Because poetry is a symbolic language, contains connotations, and awakens imagination and intuition. Poetry can help a child to better understand the feelings and views of others . In addition, routinely reading poetry to children will also help develop children's ability to solve problems.

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